

GHK-Cu

The Youth Code Messenger

A copper peptide your body already makes, but levels drop with age. Replenishing it reminds tissues how to regenerate and rebuild collagen.

AVAILABLE AS

- Injection: 10 mg/mL, 5 mL vial (50 mg)
- Oral tablets: 15 mg (30 tabs)
- Topical cream: 3% GHK-Cu + 4% niacinamide (30 g)

MAY HELP WITH

- ✓ Skin firmness, smoothness and tone
- ✓ Wound and scar healing
- ✓ Thicker hair and less shedding
- ✓ Calming inflammation

POSSIBLE SIDE EFFECTS

- Injection site redness
- Mild "rebuilding" fatigue
- May lower zinc — a zinc supplement is often added

NOT FOR YOU IF

- Copper-metabolism disorder (such as Wilson's disease)
- Severe metal allergies
- Under age 16
- Pregnant or breastfeeding

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