

Low Dose Naltrexone (LDN)

Calm the Inflammation

A very low dose of naltrexone that may help calm inflammation and rebalance the body's natural endorphins.

AVAILABLE AS

- Oral capsules: 1, 3 or 4.5 mg (30 caps)

MAY HELP WITH

- ✓ Inflammation and chronic aches
- ✓ Immune balance
- ✓ Mood and sleep support
- ✓ Weight-program support

POSSIBLE SIDE EFFECTS

- Vivid dreams
- Trouble sleeping at first
- Headache
- Mild nausea

NOT FOR YOU IF

- Taking any opioid pain medication (blocks it)
- Severe liver disease
- Pregnant or breastfeeding without provider approval

INCLUDED IN EVERY RENU LONGEVITY PROGRAM

Provider
telehealth review

Coaching
regular check-ins

Evolt 360
body scans

Nutrition
& training plan

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Educational only, not medical advice. Every prescription product requires an evaluation and prescription from a licensed healthcare provider, who decides if it is right for you and sets your dose. Compounded medications are prepared by licensed pharmacies and are not FDA-approved. Individual results vary.