

SLU-PP-332

The Exercise Mimetic

An oral compound that switches on the same energy pathways (ERR receptors) that exercise does. Research is early and mostly in animals.

AVAILABLE AS

- Oral capsules: 25 mcg (30 caps)

MAY HELP WITH

- ✓ Fat burning and energy use
- ✓ Mitochondrial function
- ✓ Endurance and stamina
- ✓ Support alongside a training program

POSSIBLE SIDE EFFECTS

- Human data is limited — side effects are not well established
- Report any racing heart, sleep changes or GI upset

NOT FOR YOU IF

- Pregnant or breastfeeding
- Heart-rhythm conditions or uncontrolled blood pressure (provider review required)
- Children or adolescents

INCLUDED IN EVERY RENU LONGEVITY PROGRAM

Provider
telehealth review

Coaching
regular check-ins

Evolt 360
body scans

Nutrition
& training plan

Ask your RenU coach →

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