

Semaglutide

The Satiety Signal

A GLP-1 medication that tells your brain you're full and helps your body use blood sugar more efficiently. Doses are increased slowly by your provider.

AVAILABLE AS

- Injection (with B6/B12): 1 mg, 2 mg, 4 mg, 6 mg, 6.8 mg, 10 mg vials
- 3-month starter and step-up bundles
- Oral tablets (with B6): 2, 4, 6, 12, 24 mg

MAY HELP WITH

- ✓ Appetite control and weight loss
- ✓ Fewer cravings and less "food noise"
- ✓ Steadier blood sugar and insulin response
- ✓ Healthier triglycerides and inflammation markers

POSSIBLE SIDE EFFECTS

- Nausea, especially early on
- Bloating, constipation or diarrhea
- Fatigue or headache (usually short-term)
- Rare: gallbladder issues or pancreatitis

NOT FOR YOU IF

- Personal or family history of medullary thyroid cancer or MEN2
- Current or past pancreatitis
- Pregnant, breastfeeding or planning pregnancy

Coach tip: Pair with protein and strength training to protect lean muscle.

INCLUDED IN EVERY RENU LONGEVITY PROGRAM

Provider
telehealth review

Coaching
regular check-ins

Evolt 360
body scans

Nutrition
& training plan

Ask your RenU coach →

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Educational only, not medical advice. Every prescription product requires an evaluation and prescription from a licensed healthcare provider, who decides if it is right for you and sets your dose. Compounded medications are prepared by licensed pharmacies and are not FDA-approved. Individual results vary.