

Tirzepatide

The Dual-Action Powerhouse

Works on two gut hormones (GLP-1 and GIP) at once to help you feel full sooner, quiet cravings and shift your body toward burning stored fat.

AVAILABLE AS

- Injection (with B6/B12): 2.5, 5, 7.5, 10, 12.5, 15 mg weekly-dose vials
- 3-month bundles: months 1–3 and months 4–6
- Oral tablets: 4, 6, 10, 20 mg

MAY HELP WITH

- ✓ Significant weight and body-fat loss
- ✓ Improved insulin and blood sugar balance
- ✓ Reduced cravings and portion sizes
- ✓ Better triglycerides and cardiometabolic markers

POSSIBLE SIDE EFFECTS

- Nausea (most common)
- Bloating, gas or constipation
- Fatigue or headache (usually short-term)
- Eating too little if appetite drops sharply

NOT FOR YOU IF

- Personal or family history of medullary thyroid cancer or MEN2
- Current or past pancreatitis
- Pregnant, breastfeeding or planning pregnancy

Coach tip: Pair with protein and strength training to protect lean muscle.

INCLUDED IN EVERY RENU LONGEVITY PROGRAM

Provider

telehealth review

Coaching

regular check-ins

Evolt 360

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Nutrition

& training plan

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